



The Hamilton Herald

Issue 16: August 1, 2014

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PARENTS & CITIZENS
ASSOCIATION:
Meets 2nd Wednesday of each month
at 3.15pm.
All parents are invited to attend.

The newsletter is published each
fortnight

Email:
the.principal@hamiltonss.eq.edu.au

Website:
www.hamiltonss.eq.edu.au



From the Principal

Thank you to those parents who have already completed the online School Opinion Survey. This survey informs the school about what the school does well and areas to work on. If you haven't had a chance yet, there's still time – the survey closes on Sunday, 3 August and it takes approximately 10 minutes. Please contact me if you have misplaced the access card and would like to complete the survey.

Each one of us encounter situations, some more stressful and major than others, and the ability to cope with these situations is called resilience. This term, our behaviour focus will be on building resilience. In particular, discussion across the school, including the playground, focuses on these ideas:

- How 'bad' is the situation
- How to stay positive and bounce back
- Positive self-talk
- Controlling own feelings when things don't go my way
- Solving problems appropriately (looking for positive solutions)

Being resilient will equip students with knowledge and strategies to deal with situations that arise in their life.

We continue to expect that students are Safe, Respectful and Responsible every day.

Kind Regards,
Robyn Nicholson

Hamilton State School.... *Safe*
Respectful Responsible

DATES TO DIARISE

Aug 4-5	City Districts Athletics Carnival
Aug 7	Arts Council
Aug 13	Ekka Holiday
Aug 18	Book Fair
Aug 20	P&C Meeting
Aug 25-31	Literacy and Numeracy Week
Sept 3-5	Year 5/6/7 Camp
Sept 5	Teacher Aide Day
Sept 19	End of Term 3



Auskick Program

Last Tuesday (22 July), all students participated in an Auskick session. This gave students an opportunity to try AFL in a fun session before the afternoon program began.



TESOL Visitors

On Friday, 18 July, seven (7) TESOL visitors from Korea spent the day observing classroom practice and engaging with students. Our visitors were farewelled during Assembly and were presented with a certificate and gift.



Milo Mornings

There will be no Milo mornings until further notice.

Happy Birthday

Best wishes to the following students who have celebrated a birthday over the past fortnight:

- July 30 Love Preet
- July 30 Tracy
- July 31 Zain

Fun Food Fridays

Next week's Fun Food Friday is celebrating the Ekka! Please find next week's menu and order form attached to the newsletter.



The items that can be bought over the counter and do not require pre-ordering will be cordial cups and a limited amount of muffins. I would like to acknowledge the wonderful work of our Fun Food Friday volunteers. This includes buying the ingredients, making food, donating time, serving and cleaning up. Without them, Fun Food Fridays would not happen!

If you are available to volunteer with Fun Food Fridays (either regularly or occasionally) please contact the office.



Last week's yummy muffins

National Tree Day

Last Friday was National Tree Day and to celebrate, the students were involved in some gardening in various areas of the school.





Fun Food Friday



celebrates the EKKA!

Friday, 8 August, 2014

Next week's menu:

- Lasagne \$ 4.00
- Mild yellow curry \$ 4.00
- Mini chicken spring rolls (3) \$ 2.00
- Garlic bread (per slice) 50c
- Popcorn 50c
- Vanilla with honeycomb muffin 50c

Ordering process:

1. Receive order form with menu available for upcoming Friday
2. Return order and money to class teacher by **Wednesday, 6 August**
3. Food provided to student at 1st break on Friday

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Student Name: Class:

I would like to order:

- Lasagne
- Mild yellow curry
- Mini chicken spring rolls (3)
- Garlic bread (per slice)
- Popcorn
- Oreo muffin

Thank you!